



# ONE CHOICE CAN CHANGE A LIFE™

NEWSLETTER  
SEPTEMBER 2008

## AUTHORS' NOTE

To me each season has a different feel to it. Winter makes me feel content with the cozy fires and curling up with a blanket, a cup of tea and a good movie. Spring feels energetic with all the blossoms and sprouts. Summer seems active and makes me want to accomplish things.

As Fall is ushered in by the cooler breezes of September, I feel anticipatory since it is the beginning of many holidays. I love the playfulness Halloween brings, the smells of Thanksgiving, and the gift-giving of Christmas. With all there is to do and experience, I have to remind myself that there are only 4 months left to achieve my 2008 goals. Have you accomplished all that you'd hoped to by now?

Until next month.....Lin

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## New Book Release!!!

If you enjoyed Rev. Lewis' first book, *Pearls of Wisdom for Everyday Living*, you won't want to miss out on his second book, *Pearls of Wisdom Study Guide and Devotional*. It is divided into 2 parts: a study guide and a devotional. The **Study Guide** was created to help you easily navigate through the quotes and wise sayings contained in *Pearls of Wisdom for Everyday Living*.

The devotional part of this book, **31 Days to Spiritual Power**, is designed to help you develop a habit of getting into the Word of God on a daily basis. To order, visit [www.onechoicecanchangealife.com](http://www.onechoicecanchangealife.com) or send \$16.90 (includes shipping/handling -- Arizona residents please add \$0.61 tax) to Amethyst Moon Publishing, P.O. Box 87885, Tucson, AZ 85754.

## *Pearls of Wisdom Study Guide and Devotional*



Rev. Amos L. Lewis  
The Master of Simplicity



Since November of 2007 we have been exploring the power of choice. Up to now we've looked at 2 of the 5 stages to achieving the life you want. This issue brings us to the 3rd stage, *INTEND*. To order *THE POWER OF CHOICE: CREATING THE LIFE YOU WANT*, go to [www.onechoicecanchangealife.com](http://www.onechoicecanchangealife.com) or send your check or money order for \$20.95 (includes shipping & handling -- Arizona residents please add an additional \$0.85 tax) payable to Amethyst Moon. Our mailing address is: Amethyst Moon, P.O. Box 87885, Tucson, AZ 85754.

### ***The Third Stage of Achievement: Intend***

Taking your goals and dreams to the next step, *INTEND*, is imperative to making them real. If we get stuck in the second stage, *IMAGINE*, then we run the risk of never attaining our goals and/or living our destiny. Fear of the unknown, fear of failure and even fear of success can keep us from ever moving forward to the next step in the process to making our heart's desire a reality.

To intend requires commitment to truly wanting to attain your goals for your life mission to occur. Trust that God or the Universe will give you plenty of signs if you are on the wrong track. Also know that it is a natural part of the process to be tested in our convictions to be sure we truly are committed to attaining our goals. Because of this, don't be too hasty to give up your dreams when something doesn't go right. Tests and problems force us to look at our doubts and be able to more clearly define our mission. Unless you are intending something that is not yours to intend (i.e., affecting another's free will or involving a violation of universal law), then whenever something you believe you are intending does not become true, it can be an indication that you have some piece of doubt that you have not yet conquered.

WHEN YOU DO NOT ACHIEVE  
YOUR GOAL, IT IS OFTEN  
A SIGN THAT YOU HARBOR  
DOUBTS ABOUT IT

However, if nothing is working out and you are continually experiencing road blocks, it is best to stop and take time to consider the possibility that you may be working toward the wrong goal or dream. Look for feedback from those you trust to help you discern the true meaning of the problems you are having.

Intention is the act of taking our imagined goals and/or future and creating a plan to achieve them. Intention requires us to put energy into finding a way to create our future as we want it to be.

*When we imagine our future the word 'imagine' has the connotation of pretending so there is room left for doubt or for our path to not yet being accepted as real. Intention is the next step where we hold what we have imagined as a real possibility and begin to remove our doubt about it being able to really happen.*



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